

# Sexual Health West Sussex

## Autumn 2022 Newsletter

### CONDOM SCHEME (CDS) UPDATE



Our updated online services have now been running for over a year, after extensive patient engagement and feedback. Our condom scheme (CDS) has now completely moved online, making it available 24/7.

This means that young people can place their orders whenever is convenient for them and these are then either posted to an address of their choice or they can click and collect from a number of distribution points. They can order every 3 months and receive 24 condoms in a range of sizes.

It has been an extremely successful rollout and we have seen that user uptake has dramatically increased, feedback from young people has been very positive as the service is now more accessible then ever.

### OUR SERVICES

A quick reminder of the services we offer:

- Contraception (including emergency)
- STI testing in clinic for people with symptoms
- STI home test kits
- CDS scheme for <25's
- PrEP & PEP
- Pregnancy testing
- Vaccinations for high risk service users

### KEY FOBS

Our key fobs are a great way to signpost people to our services and website. Simply scan the QR code. These are available for free to professionals, if you would like to place an order, please email [Uhsussex.shonline@nhs.net](mailto:Uhsussex.shonline@nhs.net) or call 0800 0150 503.



**BREAKING  
BARRIERS**

Sexual Health Week 2022

**#SHW22**  
10-16 October

At Sexual health West Sussex, we work really hard to ensure our services are free from barriers and inclusive to all our service users. This means that we strive to ensure everyone has access to free, confidential and accessible support whether they visit one of our clinics or use our online services. If you feel a service user needs extra support accessing sexual health services , please call our office on 0800 0150 503.

There are many different barriers a person can face when it comes to accessing sexual health. Some of these can include:



**Geography**

**Economics**



**Sexuality**

**Accessibility**



**Stigma**



**Ethnicity**

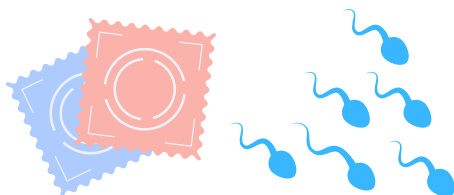


**Race**

**Gender**



We have had a very busy start to the new academic year and attended many different Freshers events at schools, colleges, sixth forms and universities across West Sussex. Freshers is a vital opportunity to promote our services and provide sexual health advice and information, this includes pushing the crucial message around regular testing and condom use. We also were kindly invited to The Baker barracks army base at Thorney Island, to attend their health and wellbeing fair. It was fantastic to be able to share our services and testing information with the new and returning soldiers. If you are interested in training or have an event you would like us to attend, please email [Uhsussex.shonline@nhs.net](mailto:Uhsussex.shonline@nhs.net) to contact our team.



## Young person survey

To help us improve our sexual and reproductive health services, we have developed a survey aimed at young people local to West Sussex. Please circulate the following link where possible:

<https://forms.gle/AVedx6yTWum1zu8V9>

## Other news



### Scientists reveal new contact tracing method for sex partners of people with chlamydia



We are very proud as a service that we were at the forefront of this fantastic STI research. Accelerated Partner Therapy (APT) is a new way of reaching STI contacts in which healthcare professionals assess sex partners of people with chlamydia by phone before giving the patient a package of antibiotics and STI self-sampling kits to deliver to their partner.

"In this world-first, large-scale trial of APT we show that it is safe, effective and likely to be cost-saving to the NHS. In these days of ever-increasing cost pressures, this is a real step forward in how we approach infectious diseases and sexually transmitted infections, and finding ways to help people notify and get their partners tested and treated."

Watch this short film for an overview of APT and the trial findings:



<https://www.youtube.com/watch?v=mVLLih8XbSA>

## Sexual Health Promotion & Outreach Services



0800 0150 503



[uhsussex.shonline@nhs.net](mailto:uhsussex.shonline@nhs.net)

For all of our up to date information including local events we are attending please follow our social media channels:



[Sexualhealthwestsussex](https://www.instagram.com/Sexualhealthwestsussex)



[WSexualhealth](https://twitter.com/WSexualhealth)



[West Sussex sexual health](https://www.facebook.com/WestSussexsexualhealth)

[Sexualhealthwestsussex.nhs.uk](https://www.Sexualhealthwestsussex.nhs.uk)