

Desogestrel

Method of Taking

If you start your first packet of pills on the first day of your period, you will be protected from pregnancy straight away. If you are instructed to start at any other time, you will need to use condoms too for 48 hours. It is important to take the pill the same time of day, **every day**, starting a new packet without having a break.

Missed Pill Rule

If you are more than 12 hours late taking your pill, take it immediately, take your next pill at the usual time. This may mean taking two pills in one day.

You are not protected against pregnancy, continue with your pill as usual and use condoms too or abstain from sex for the next 48 hours.

Diarrhoea & Vomiting

If you vomit within 2 hours of taking the pill take another, if you are within 12 hours no further action is needed, later than this, please follow the missed pill rule.

If you have severe diarrhoea lasting more than 24 hours your pill may be less effective, use condoms whilst you are unwell and for 48 hours.

Antibiotics

Most common antibiotics do not affect the pill, so no extra precautions are needed.

Other Medicine

If you take drugs to treat epilepsy, HIV, TB, fungal infections or take the complementary medicine St John's Wort please tell us as we may need to change your contraception.

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